Rare and Excellent

RECEIPTS

Experienced, and Taught

By M. Mary Tillingbalt

And now Printed for the Ufo of her Scholars only

LONDON,

Printed in the Year, 1690

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wet your Paste, not lithe but stiff;

there mult be no Buner in it.
The Page is good for Cufterde.

IV. How to make Wull-Patte.

To every peck of Flower, take Eight pound of good five a Butter, Sixteen Eggs, take away half the Yelks; first break into your Flower, one quarter of your Batter into finall pieces, so you do for the cold Palie, then break in to many Eggs as the quantity of Flouer, which into a Porringer, and beat them a litinto a Porringer, and beat them a litile; then put fome Water to them,
and put into the Flower, and wes
it into a pretty fliff Paffe; then
rowl it into a leaf of Paffe; then
quarter of an Inch thicks, then tick it all over with bits of But-ter, and double it up in five or fix Leaves; then row it out again about half an luch thick; then double it up again, laying huner all over it as at full and to do till all your av Ivad mur un BusButter be laid on the Paties is much never be moulded not intended severy time you row! it out, and lay the Butter on, you mult draw Flower lightly on the Butter, before you double it up, and upon the board, and over the tops; for it mult patities thick to the board, nor Rowling-pin.

this Pale to good for all Flores, direct Chapter Andrews Differ, or for Street Made Torre.

V. Dan to make Sugar alle

e for took of the state of the

To every peck of Ploner, you must cake four pound of Super, the Busser, swo pound of Super; the Busser until be robbed into the Cover, to fine cill it feems like grated bread, then you must been your separand fish it through a fine Steve, then you into the Plones very well, and make it up into a failt Passe with boyled Liquor.

to make to the Robert To every peck of Plouer volu multi avente sound of successions THE THE WORLD AND fixteen eggs, taking away half the whites; then take one pound of Sugar linely beaten and lifted, and mix it with the Flouer and Butter, and make a note in the middle of the Flower; then brake in the wet she Palte with cold ittle Sack, and a little

artali orni b ddur s in mile or is all in the last

Lake a hard or tice of Vemici nd bone it, then take of the quis termolt ruff Sking then take it, and lay it in form for a Party school lay

the lide that you took the skin from downwards to the board; mentland it cross and cross with your Knife, then featon it with two Ounces of Pepper, and a quarter of a Pound of Salt, and two Nutmegs grated then you must have four Pound of Beef Suet thred fine, and take one half of it, featon it lightly with the featoning, and formule a little water on it; then beat it with the Rowling pin till it be all in a broad thin Caken then lay the Sort which you have beat, on the Patte; then then lay on the Vemion with that fide downwards which is featoned, then leafon the top of your Vemifor lightly: then order the other part of the Suct as you did the former, and lay it upon the top of the meat and Blote the Pally

VIII Delle ta orner the Somes.

Then take the Bones, and brake them very well, lealon them high, and put them in a Paus

12.2

with a pine of fair Water, and a pound of Suet Shred line a 16 the Pally be (mall, half a pine of Water is enough, and half a point of Butter.

If you make your Rasts of Bees, a Surling in the best if of Mutton, then a Shoulder or two Breasts is the best. A Venison, or a Bees, Pasty, will take six bours baking.

IX. Lion to make a Lamb, Suc-

Take a hind quarter of Lamb and hone its then lay is in form for your Party all of an eventual; then take on Ounce of Repper, one Natureg grared; and as much Sale as two Quinces. If your Lamb be small, you must take so much the less seasoning. For a Veal-Pasty, a head in the best loyar, and the lame Seasoning is for the Lamb; and before you lay on the Buster, lay three or four blades of large Mace; your Veal must be bund, as well as your Lamb; for each of these

67)

point of Butter. If is be Mutton, then you must have three pound of Butter, three pound of Beef-fuet, three finall, and beat with a little. Water with a Rowling-pio; Four hours is enough to fook any of these Pasties.

X. Poto to bake the Bones.

Break the Bones of your Meat senton them well; put to them half a pint of Water, and halfs pound of Butter; put them in a Pan, and cover them choic with a Paper, or a piece of course Paste, and set them in with the Pasty; and when the Pasty comes out of the Oven, pour in the Liquor which comes from the Bones.

XI hop to make a Lamb By

Takes quarter of Lamb, either fore or hind-quarter, is mattered not which a cut it into final preces, then fession it with Pepper, "Salt, and

and Nutmegs, according to your Pallet; and lay on the Matta blade or two of large Mace; then lay on fome lealded clote butter, on fealded Spinnage in humps; then purin fome lealded Goosberries, or raw Barbernes on the top of all; then lay a pound and half of Butter, and close the Pie. Three hours will bake it.

Mil. Dow to make a Leteltoz l

Take half a pint of Vergite, and a quarter of a pound of Butter, make the Vergite boyl, then this in the Butter, then take the Yelks of two Eggs, and put it into the Pic, when it comes out of the Owen, before it goes to Table. If it beto eat cold, then put in no Lere.

XIII Pode to make a Bound & 1990 (weet.

Take a Fore quarter of Lamb and cut it into mall pieces; feaion it with Nutnegs, Chinamon, Sugar, and a life Salt; then lay a lar of Butter at the bottom, and lay on the Mear; then on fome Suckets of Lettice, and ken of Lemon, tome preferv. Grapes and Batheries, tome helituts (calded, and fome telks of hard loggs; lay on one pound of Butter, then close the Pie. I wo hour will bake it. If it he a Vear-Pie, intead of the Sweet-meats, put in Currants.

TO THE PORT INOVIEW

and make it boys, then brew in half a pound of butter, the Telks of three Eggs, strokes much Suyar as will make it pleasant to your taffe nor too fweet. Thus you may leafon a Veal Pie, if you please; only into the Caudie Granges the Juccol two Oranges.

To every pound of Meat, take

pound of Currants, and a quarter of an ounce of Cinnamon, one blur-meg, a little beaten Mace, fome beaten Cloves, a little Sack &cit ofe-water, two large Pippins, fome Orange and Lemon peel cut very thin, and fired very finall, a few beaten Carraway-feeds, if you love them the Juyce of half a Lemon fqueer of into this quantity of mest; for Sugar, (western it to your relification) Sugar, (weeten it to your relish; then min all these together, and All your President Congress of Marcon President Congress of Congre all be parboyld, if you dend it presently a but if a present use you may will be will be

epper, and one latge Nutmeg grated, and two ounces of Salricht you love it high featon'd, or elfe not so much; this the scaloning together, then take for every Pidgeon a piece of Butter as big as a Walk-nut, and dip in the Scaloning, and put it in the Pidgeons Belly; then take the test of the Scaloning, and featon the Pidgeons with its theretay a thin laying of Butter as ther lay a thin laying of Butter at the bottom of the Pie, and lay in the Pidgeons with their Breafts down-wards; then lay on fome large Mace, and fome flices of Bacony if you love its but if the Pie be to be est cold, there mult be no Bachs: Then lay Butter all over the Pidgeans pretty thick; two pound of Butter is enough for this Pye.

XVII Dow to make a Chicken-

Take but a dozen of Chiekens, and break all their Bones with a Bowling pin, then trus them; or elie you may out the Chiekens into quarters; which is exast proper de sale si casa de la como de la

gen Cintamon, one large Nutme gented, half a Pound of Sugar, a medittle Salts then feafon von Chickens wish it, and put them to stol the Pies Then lay on fonc Suckes of Lewise, and fone Sud-ets of Lewons, fome flices, of paw Lemons, and tome preferred Burbes eries; a Pound of Butter, the Mar-new tof two Bones; they close the Piet Two hours baking is enough forebis Riceson and has a love its but if the Pir be to be Then layoft spicial soler the Ed-

Take a Pint of White. Wine, and a little Wargile, and make it boyl; then brow it with a good piece of Button, and the Vells of four Eggs; formen is with high to your talk, but hot too freed; when the Pieis but deposit into the He before it goes to the Table; and shake it, when it is in the Pie.

XIX Dom to make an At

had him sie steen and the bary boyl them as you doe for to est, pull off the leaves from the box on a then take the Leavest, and with a Knife take the Mest from the Leaves, and lay it in the form of a bottom & therreasonthe bottoms, and what you took from the Leaves, with Cinnamon, Nutmens, a little beaten Ginger, a limbo Salt and Sugarathen butter the bostom of your Pie, then lay on the Artichoaks, and on them fome preferred Burberries on them tone precent and preferved preferved Goosberies, and preferved Cherries; fome candid Lemon; and Orange peel cut in thin flices, and fome Marrow of Tooks, Articlesho, you mult have the Marrow of two large Borles, a lair of Butter all over niough, belides the Marrow for this Pie. Close it, and put it into the Ovens and hour and an half will be enough to bake it.

XX. Dom

XX polo to make a Cauble for ft.

half a pint of white Wine, half a pint of Sack, make it boyl; then brew in a good peice of Butter, the Yelks of three Eggs; and when the Pie is bak'd, put in the Caudle, and it to the Table.

XXI Doin to make a Potato

First boyl your Roots, and take the skin from them; then season them with Ginnamon; Nutures; Sugar, and a little Salt, non two sweet, because the Roots are sweet; then butter the button of your Pie; then lay on the Potato's or Secrets; then lay on the Potato's or Gherries, Goodbarries, Grapes, Barbarries, White Bullice, Cofrants; all these must be preserved; some smalled Given out in thin siees, and lay all over the other Preserves; the Marrow of a large Bones, it enough for three pound of any of these Roots, it enough

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Roots, then lay a pound of good fweet Butter over all, and close the Pie : an hour and half will bake it.

Tow must wake the same Candle for this Pie, as you did for the Articharks Pie, only squeeze in the juice of a good large Lemon in the Candles before you put it into the Pie.

exil bowto makea Lombard Die! Take Lamb or Vest, and thred it very finall; to every pound of meat, a pound of Beef fuer thred fmall; la little fweet Marjorant, Thyme, and Winter Savory flip and three very finall, a little Lemo peel fhred fine, To the quant four pound of the meat, you put the Crum of a penny Loss da Round and a halfof Cum half a Pound of Sugar. To leafouit, you must have two Natmegs, a litcle beaten Cloves and Mace, a little Cinamon, and a little Salt momore. Salt then will take away the flathingly, and make it relishable; then mix them well together, then have some juice of Spinnage and CO-

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colour it green; then make it up into Balls as big as an Egg, and fill the Pie with one lair of the Balls; then you must put in some prefervs, as Cherries Barberies, Grapes, Suckets of Lettice. Suckets of Lettice. Suckets of Lettice and Cittron Peal, Ringua Roots; then lay a lair of Marrow all over the Pie with some bits of Butter; Close the Pie, and bake it. An hour and an half will bake it. Before you close it, and before the marrow be laid, lay on some sieces of Lemon.

XXIII boin to make a Cauble

Take half a pint of Sack; and as much White Wine, and a quarter of a Pint of Verjuite; for them on the Fire and let them boyl a then brew them with a quarter of a pound of fweet Butter, the Yelks of three Eggs; and put these in the Piewhen't compout of the Ovens and shake it into the Pie, busine you send it to the Table.

XXIV, Doin to make Cheele-

Take a quart of the Curd of new Milk, when the Whey is draind well from it, and beat it well in a Stone or Wooden Mortar, with half a pound of good fweet Butters then you must have for the Sealoning, a large Nutmeg grated, and beaten Cinamons as much as the quantity of the Nutmegs; half a pint of good thick Cream; eight Eggs, take a way half the whites. a little Sack, and a litle Rofe-water, or Orange-flower-Water, little Amber-Greece dissolv'd in a little Sack 5 then take half a pound of fine Sugar beaten very fine, and feerft; half a pound of Corrants is enoughfor this quantity, mix all thefe very well together, and fill your Cheefe cakes half anhour will bake them; the Over must be no hot-

ter than for White Bread.

Puff-Pafte is best for the Cheefe-Cakes, but if you raise them, then it trust be Sugar-Pafte.

XXV.

XXV. Dow to make an Gele-Pie.

Take the Leles (being flaid) and cut them in pieces, about four inches long then feafon them with Pepper and Salt, and a little grated Nutmen & feafon them not too high s Half an Ounce of Popper is enough for fix Eeles (if they be not very large) and half a good Nutmeg; but if they be large, then this Seafoning is but for four : lay fome Butter at the bottom of your Pie, then lay in the Eeles; and up on the Eeles lay on three or four blades of large Mace, then lay Butterall over your Pie, a pound and half is enough for this Pie.

Sometime for change, season them not so bigh, then put in half apound of Corrants: if you please, you may put in as many Raisur of the San. This Piewillash two bours baking.

XXVI. pow w make a Gole Gib-

Take four pair of Giblets, and break all the Bones with a Rowling ((19)

ing pin: Then for the featoning, you must have an ounce of Pepper, a Nutmeg grated, or can small; two ounces of Salt, two pound of Butter in the Pie. This feasoning will serve a Mutton or Veal-Pie; only in the Mutton, you need not put but one pound of Butter.

XXVII. Dowto make a Thicken Die

Take your Chickens, and break all the Bones with the Rowling-pin; then season them with Pepper, Salt, and Nutmeg grated, that is, to six Chickens, an ounce of Pepper, one large Nutmeg, half a dozen blades of large Mace, two pound of Butter. Lay in your Meat, and upon the Chicken lay the Mace, then lay the Butter all over it and close it, This Pie will ask two hours baking.

After this manner you may season a Pidgeon Pie. This seasoning is enough for a dozen of Pidgeons.

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XXVIII.

MXVIII. Poin to Senson a Goole or Curkey Pie.

Take two Ounces of Pepper half an Ounce of Nutmegs, a little beaten Cloves and Mace, our Ounces of Salt. Bone your Turkey; then Season it within and without with the Seasoning: Then have a piece of fat fresh Pork, and Season as the Turkey; and put it in the Belly of the Turkey; or you may bake it without, if you please. If you put Pork in it, then three pound of Butter is enough for it; but if not, then you must put in four pound.

If you do not Bone your Goole, then you must brake all the Bones of it. Then Season it, as you do the Turkey. This Seasoning is enough, if you put in a couple of Rabbets with your Goose, and three pound of Butter. When either of these Pies bebak't, when they have been out of the Dien a little while, then you must put in two pound of Glarefy'd Butter.

(or) XXIX. Dow to Clarely Butter.

Take your Butter and fet it on a gentle Fire, and let it melt by degrees, without ftirring it; when it is all melted, and ready toboil, then take it off from the Fire, and let it ftand a while to fettle ; then skim off the top, and pour it in the Pye.

So you winft Clarific your Butter to fill up all forts of Piesthat you keep Cold.

XXX pow to make a Batalia Die.

Take Chickens that be very young, or elfe young Pidgeons; feafon them with Pepper, Salt, and Nutmeg, feafon them pretty highs then lay in your Pidgeons or Chickens cut in quarters, with their Bones broke: Then lay in fome whole Larks, fome Saffages, fome blades of large Mace, fome Bath ofFore d Meat, coloured green with Juice of Spinnage, fome picklen Oylters, or Stew'd, which you please;

please; some picked Barberies, some slices of Lemon: Then lay pieces of Marrow all up and down the Pie; then lay on a pound of Butter all over the Fee then close it, and bake it. It will ask two hours baking.

XXXI. How to make Thewits to let all round it.

Make them of Lombard-Meat, put Marrow atop of it, when they be bak'd, liquor them with the fame Caudle, as you make for a Lombard-Pie, but put no fweet Meats in your Chewits, only feafon your Marrow with Cinamon, Nutmeg, and Sugar.

XXXII how to make a Leer for the Batalla-Pic.

Take half a pint of Mutton gravy, two spoonfuls of Oyster liquor, halt a pint of white. Wine: then let it on the fire, and make it boil, then put to it the Juice of two Oranges, and a good piece of Butter, the yelks of two Eggs, being well beat, put in the Pie, when it comes out of the Oven.

XXXIII. **Powto make a Chadron** Indica named in Pic.

Take a Calves Chadron, parboile it; then when it is cold, thred it very finall; then fixed a pound of Suet very fine; then feafon it with half an ounce of Cinamon, and two Nutmegs, little beaten Cloves and Mace, a little fired Lemon and Orangepeel, four good Pippins thred (mall, a little Rose water, and half a pint of Sack, if it be a large Chadron; if not a quarter of a pine will be enough; and a pound and a half of Currants : mix all thefe together, with a quarter of a pound of Sugar, and a little Salt; then fill your Pies or Florendine with this Meat.

This Florendine must be bak'd in a Duff-paste or wold Paste.

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XXXIV. Dow to make Cultures.

Take two quarts of Cream or Milk, and twelve Eggs take away half the Whites, put half a pound of Sugar; best your Eggs very well, then mix it well together; then ftrain it, and fill your Cufards; the Cream or the Milk you mult boil with a Blade or two of Cinamon and large Mace; and to two quarts of Cream, put four-teen Eggs: Then fill your Coffing with it, they being first dry'd in the Oven.

XXXV. boto to make a Matton Die after the French Fallon.

Take fome of a Leg of Mutton, mince it small; to every pound of Meat, half a pound of Bief fuet minc'd small, two good Numers, a little Pepper, and a little beaten Cloves and Mace, a pound of Currants; to every pound of Meat, a few

(125)

few sweet Herbs shred small, as sweet Marjoram, and Thyme, and Winter Savory; the yelks of six Eggs; mix all these well together, with as much Salt as will make it savory; when it is well mixt, make it up in Balls, as big as a Turkey-Egg, then put some Butter on the bottom of your Pie then lay on the Balls; then lay on some blades of large Mace on the Balls; then lay on some more Butter, close it, and bake it.

XXXVI. Dow to make a Lere for it.

Take half a pint of white Wine, with one Lemon squeez'd in it, and the yelks of three Eggs, and brew it well togethers then put it in the Pie, when it is bak'd.

XXXVII. Dow to make a ben-

Take your Herrings, and cut off their

(26:)

them three times on every fide a chan leafon them with Pepper and Salt: put in good store of Butter, that is, to eight or ten Herrings a pound of Butter, then close it, and bake it.

xxxvIII. Another way to make a berring Pie.

Take the Herrings, and season them as the other; then have some old Onions, and cut them in slices, and lay them all over the Herrings, lay the Butter over the Onions, then close it, and bake it.

XXXIX. Or this way.

Do not scalon them so high as the other, but cut them after the same manner, and put a little grated Nutmeg in it: then lay all over the Herrings some Raisins and Currants, then lay a Laying of Butter.

7 37 7

XL. Took to make a Carp of

Take either of these Fish, and screen off all the Scales, when ou them acros on the fide, there feafourthem with Pepper and Sale and a little beaten Clov Mace, then lay in fome Butter in the bottom of the Ple, then lay in the Fifb, then lay on fome pickled Barberies, some flices of Lemon, affice or two of an Onion, then lay fome blades of largeMace then lay on a Laying of Butter: If this Pie belarge, you must put two pound of Butter, then elofeit, and bake it, two hours is enough to bake it the hand me at at the of hand then lift root. For and lay on

XII. how to make a pare Pie.

Take the Hare, and cut it to picces, then season it with an ounce of Pepper, and two Oun-

ces of Salt, one large Nutmeg. little braten Cloves and Maces beath all the Bone, very well with a Rowling pine, then lay the Hare in the Pies lay lome flices of fat deon on the Hare, if you love it te reset for must put two nd of Burney in this Pie. This will ask four hours bakin ard a little formen Clothern Macel a then by judy neckling do the control of to the cities then tay on ton Some the Haro, and beat the Mi sery well in a Mortar with to fix Deconjor Beef fuct 3 then long it impyou do the other with the Seafoning very well in it with your hand y you must best it till it is in a perfect Palls ? then fill your Pie, and lay on two pound of Butter: This will talk as much baking as the former. This the Have, "and cat icht

to their thank fallen to de

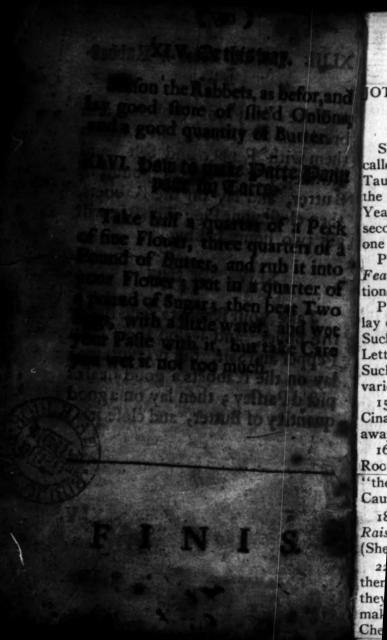
XLIII. How to make a Rathet

Take a couple of Rabbets, and break all the Boners in a feature them with known and salt, and Numer with the sale of the Rabbets then close your Persistent in the Rabbets ask two hours baking.

can a darv. Or sus

Take your Rabbets, and breathe Bones, and featon them The Pepper and Sale, but no Nutmen lay on the Rabbets a good dealor pick'd Partley; then lay on a good quantity of Butter, and close it.

XLV.



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THE ACADEMY

JULY 3, 1915.

OTTINGS FOR THE WORDBOOKS, FROM THE YEAR 1690.

To the Editor of THE ACADEMY.

Sir,—The British Museum possesses a book of 30 pages called: "Rare and Excellent Receipts. Experienc'd and Taught By Mrs. Mary Tillinghast. And now Printed for the Use of her Scholars only. LONDON, Printed in the Year, 1690." It has also an edition of 1678. From the second edition, presumably the less carelessly produced, one gets:

Page 2. This Paste is good for Custards, and all Cotes, Feathers, and Esses. ("Feather" is known as a confec-

tioners term.)

P. 9...; then lay a lair of Butter at the bottom, and lay on the Meat; then lay on some Suckets of Lettice, and Suckets of Lemon, ..., p. 12.... some Suckets of Lettice, and some Suckets of Lemons, ..., p. 16..., Suckets of Lettice, Suckets of Lemon, (apparently a variety of "socket" meaning slice.)

15. How to make a Lombard = Pie. . . , a little Cinamon, and a little Salt, no more Salt then will take

away the flashiness, and make it relishable;

Rocts; (probably a corruption of ringo = eryngo, i.e. 'the candied root of the Sea Holly.'') How to make a Caudle for a Lombard Pie.

Raisins of the Sun. This Pie will ask two hours baking. (She means sun-dried grapes.)

22. How to make Chewits to set all round it. Make them of Lombar Meat, put Marrow a top of it: when they be bak'd, liquor them with the same Caudle, as you make for a Lombard-Pie, but put no sweet Meats in your Chewits, only season your Marrow with Cinamon, Nut-

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Mischol E.S. Dodgum (1. 5, ORIEL STREET, OXFORD, Recipes 1690.

meg, and Sugar. XXXII. How to make a Leer for the Batalia = Pie. (Chewits and Lombard-Meat seem to mean "mincemeat"; Leer the same as lair or "layer." Batalia perhaps refers to the great Abbey of Batalha in Portugal.)

23. How to make a Chadron Pie. Take a Calves-Chadron, and parboile it; (a variety of chaudron =

chawdon, i.e. entrails.)

24. . . . : Then fill your Coffins with it, they being first dry'd in the Oven. (This means receptacles made of pastry.)

29. . . ; lay on the Rabbets a good deal of pict'd Parsley; (recognised in the Dictionary as a variety of

"picked"; but not illustrated by quotations.)

May these notes be useful to wordbookers, and other scholars also!

EDWARD S. DODGSON...

Oxford, June 18, 1915.

offerst to the Bolleian acting on Laturday, July 10, 1915, Edwards 5 Dodgson.